



**Dr. Ron Dillow**

# Ask The Dentist

increased risk of oral cancer. Repeated use of full strength peroxide can also cause poor tissue reactions.

Gums bleed because they are reacting to something negatively. Some medicines can cause gums to bleed, but the number one reason gums bleed is bacterial deposits below the gum line, where rinses are not effective, no matter how often they are used.

Safe and easy removal of the deposits by the dentist or hygienist can let the healing process begin. If you have sensitive gums or teeth,

your mouth can be made very comfortable for this process.

At **TODAY'S DENTAL CARE** the focus is on you, your health and your comfort. If you are having dental problems or questions, please call **345-8333 now** to receive a **complimentary consultation**. You may also direct your questions to Dr. Dillow at [drdillow@todaysdentalcare.net](mailto:drdillow@todaysdentalcare.net) or view our article archive at [www.todaysdentalcare.net](http://www.todaysdentalcare.net)



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PAID ADVERTISEMENT

**Q: My gums bleed and I have been using Listerine three times a day and peroxide to rinse my mouth. Is there anything else I can do?**

**A: Many mouthwashes contain significant concentrations of alcohol. Prolonged exposure to alcohol has been linked to an**