



Dr. Ron Dillow

Q: My front teeth are getting shorter and flatter. Am I brushing or chewing too hard?

A: The typical American diet will not cause significant wear. Toothbrush wear can occur, but is not the most likely

Ask The Dentist

cause of the problem.

Most tooth wear problems are caused by the teeth grinding or clenching against each other. Sometimes it is a habit triggered by a bite imbalance. Other times it occurs during sleep.

The missing tooth structure can be replaced and the teeth can be protected from further wear. If left untreated, teeth can wear away until the nerve is exposed or the teeth are lost.

Early treatment can help avoid more serious problems.

Here at **TODAY'S DENTAL CARE** the focus is on you, your health and your comfort. If you are having dental problems or questions, please call **345-8333 now** to reserve a **complimentary consultation** with Dr. Dillow. You may also direct your questions to Dr. Dillow at drdillow@todaysdentalcare.net